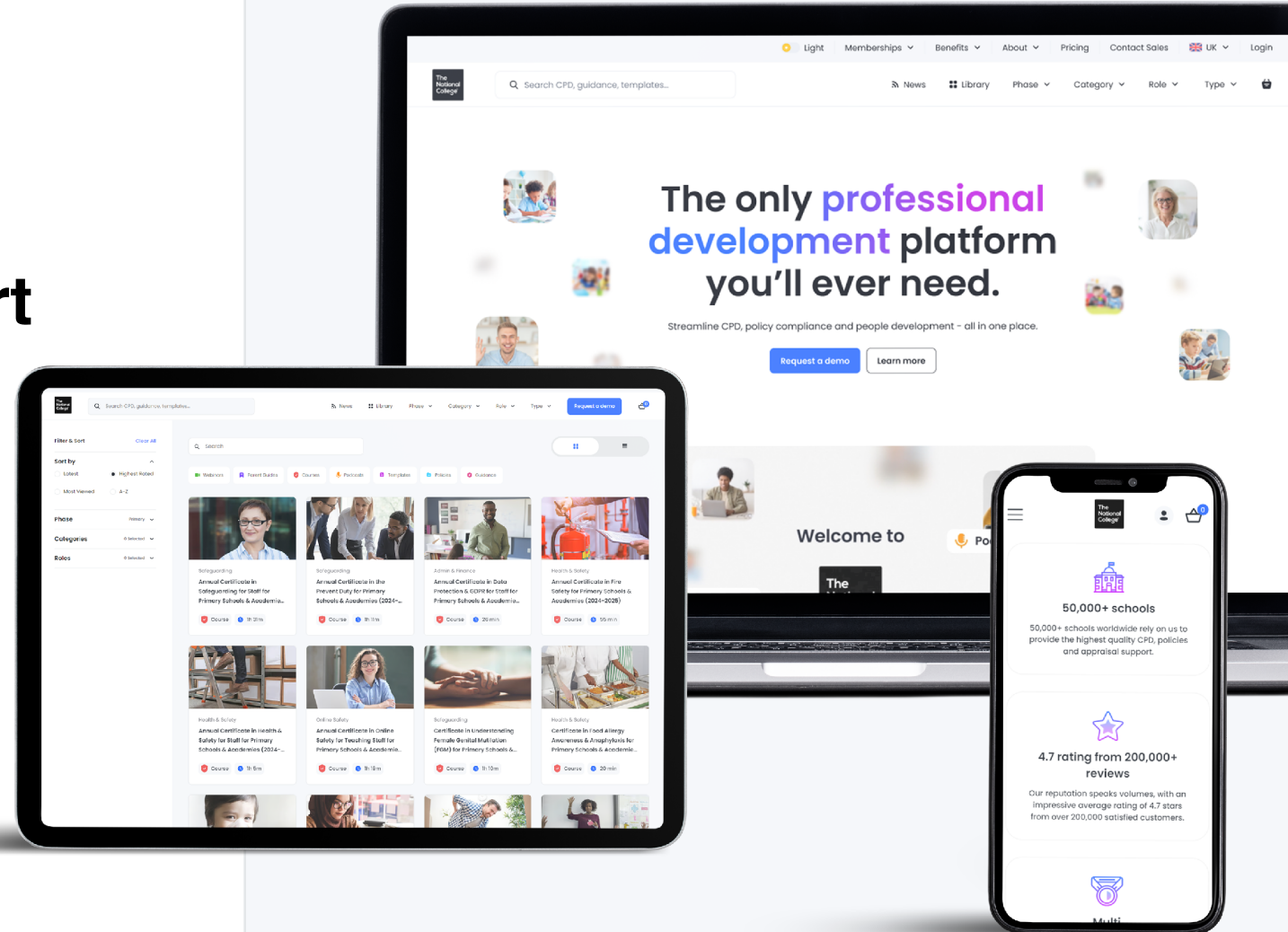


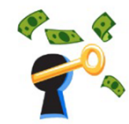
# The Anxious Generation

## How can Educators Support Students and Parents?





## Free resources. Priceless knowledge.



Gain the confidence and skills to have age-appropriate, informed discussions with children to keep them safe, healthy and resilient to life beyond the school gates.

[View](#) our parent guides in the library.



### Online Safety

Learn about the latest apps, games and online risks, and how to keep children safe online.

[Learn More >](#)



### Mental Health & Wellbeing

Understand how to support children's mental health, build trust and promote a culture of positive wellbeing.

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### Climate Education

Empower children to become agents of change and adopt and promote more sustainable lifestyles.

[Learn More >](#)



# Online Safety Courses for Parents

Developed by our safeguarding experts and presented by TV presenter, musician and passionate online safety advocate, Mylene Klass, this course takes you on a detailed journey through your child's digital habits, explaining the type of online world they're experiencing now, what risks they might be exposed to and just what you can do to support.

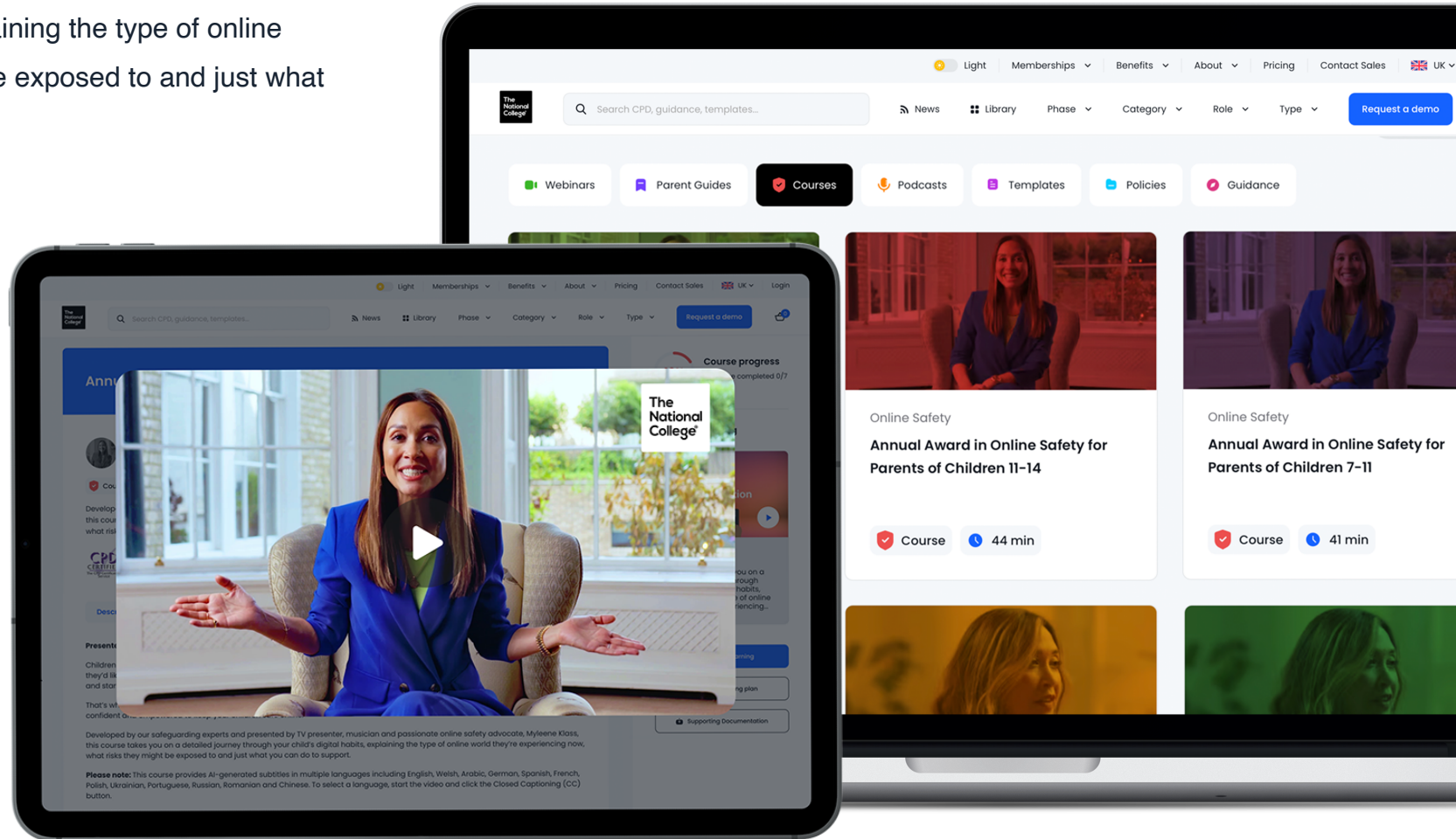
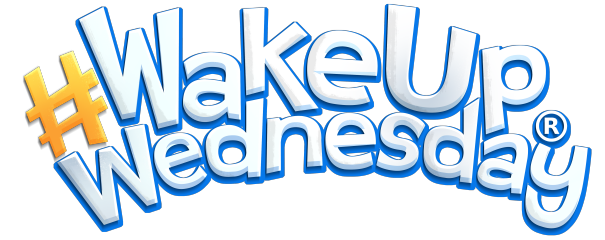
**Module 1:** Parenting in a Digital World

**Module 2:** What are Children Accessing online

**Module 3:** Common Risks – part 1

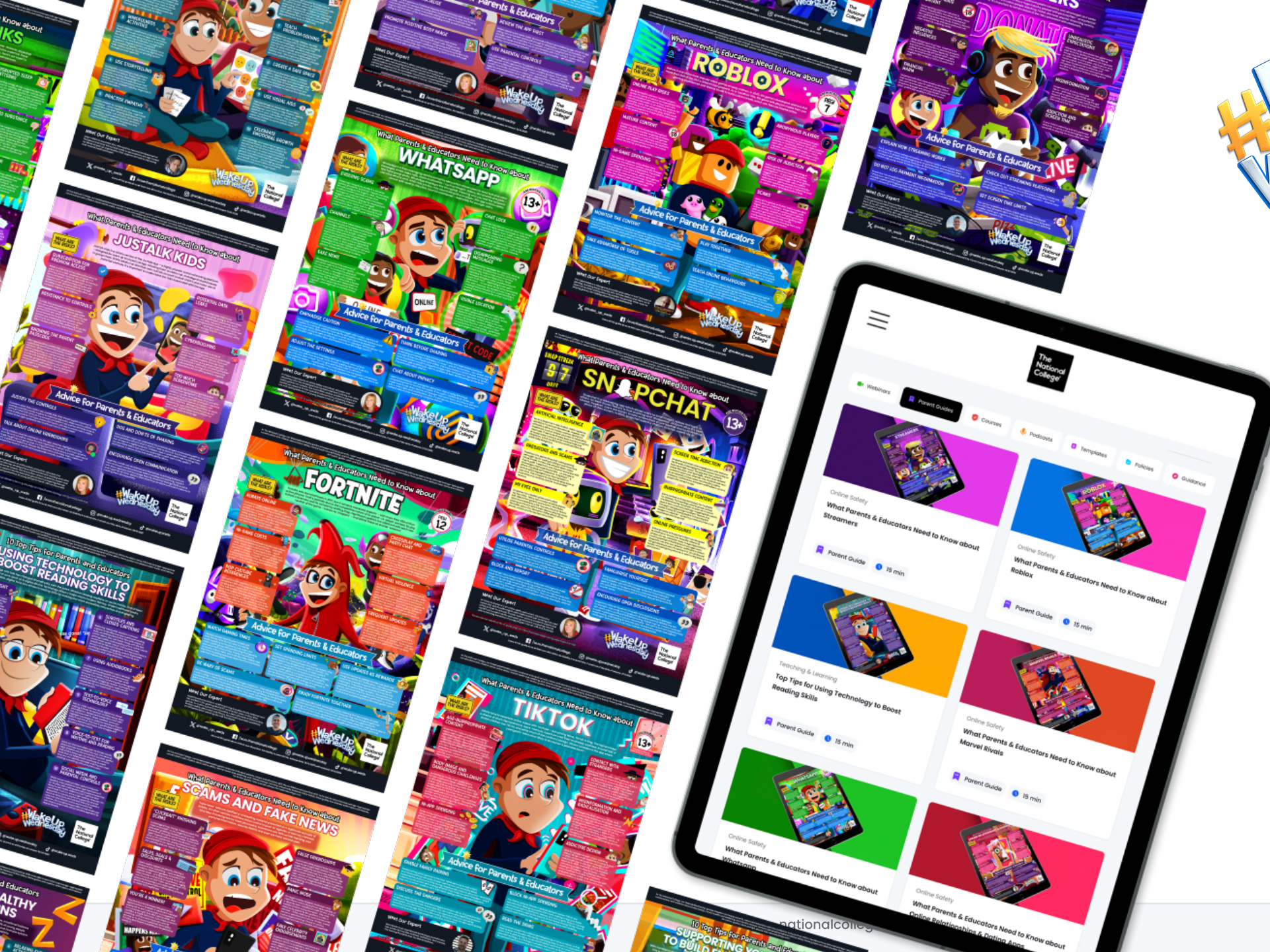
**Module 4:** Common Risks – part 2

**Module 5:** Reflection and impact goals





# #WakeUp Wednesday<sup>®</sup>





# Questions with Anna Bateman

## About Anna:

With more than 24 years' experience in education as a teacher, trainer, consultant and Interim Executive Board member, Anna Bateman has gained a fantastic understanding of pedagogy, school improvement, leadership and what works.

Over the last 10 years Anna has worked with and transformed hundreds of primary and secondary schools. She has excellent subject knowledge and a solid understanding of how schools work. This puts her in a unique position to be able to offer highly innovative and bespoke programmes to resolve specific and complex issues.



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